

# AFTER SCHOOL LACROSSE

**Do you want to learn how to play lacrosse?**

**Do you want to become a better lacrosse player?**

All girls welcome to this special program! We practice the basics: cradling, groundballs, catching, throwing and shooting (no checking). We help develop your skills with drills, games and small scrimmage-like situations.

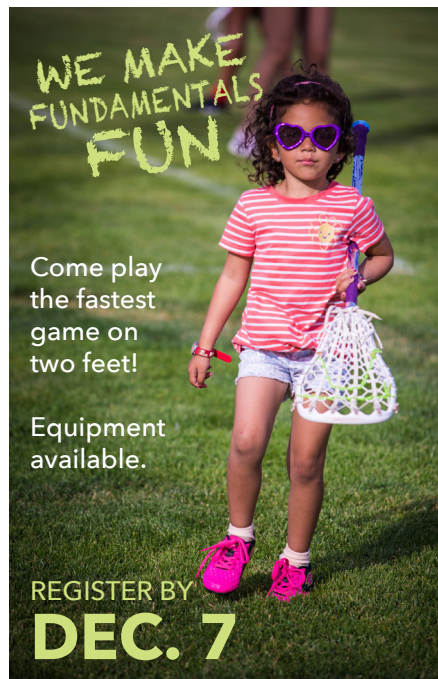
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COST: \$360 • LOCATION: Rancho Romero Elementary School  
180 Hemme Ave, Alamo, CA 94507 • TIME: 1:05-2:05 p.m.  
DATES: 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/6, 3/13, 3/27, 4/10, 4/17, 4/24



## COACH AMY McCLEARY

Owner and Founder, SWI • Inductee, 2015 Baltimore Chapter Hall of Fame • Three-time World Cup Coach



Come play the fastest game on two feet!

Equipment available.

REGISTER BY

**DEC. 7**

***STICK WITH IT!***  
LACROSSE

**831-277-1857**

info@stickwithit.com